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一、現職

國立體育大學 休閒產業經營學系教授

二、學歷：國立體育大學體育研究所哲學博士

三、經歷：

1. *International journal of Sport psychology* (SSCI) 副主編
2. 國立體育大學國際運動與創新博士學位學程主任
3. 國立體育大學國際體育事務學位學程主任
4. 中華奧會教育委員會委員
5. 教授(2017/2~迄今)
6. 國際運動心理學刊領域編輯
7. 副教授 (2014/2~2017/1)
8. 助理教授 (2011/2~2014/1)
9. 輔仁大學兒童與家庭學系博士後研究員(2010~2011)
10. 臺灣大學心理系博士後研究員(2009~2010)

四、學術發表：著作目錄請提供近5年已發表、已被接受及已出版之學術著作

1. Chang, W. H., Chi, L., Wu, C.-H., & Chen, L. H. (in press). When does perceived coach autonomy support help reduce athlete burnout? The role of athletes' experiential avoidance. *International Journal of Sport Psychology*.
2. Chao, C.-C., Chen, L. H., Lin, Y.-C., Wang, S.-H., Wu, S.-H., Li, W.-C., . . . Kuo, I.-C. (in press). Impact of a 3-day high-altitude trek on Xue Mountain (3886 m), Taiwan, on the emotional states of children: A prospective observational study. *High Altitude Medicine & Biology*.
3. Chen, Y., Thissen, D., Anand, D., Chen, L. H., Liang, H., & Daughters, S.B. (in press). Evaluating differential item functioning of the Chinese version of Behavioral Activation for Depression Scale (C-BADS). *European Journal of Psychological Assessment*.
4. Hsu, S.-C., Kuo, C.-C., & Chen, L.H. (in press). The power of gratitude: A qualitative exploration of elite athletes' experiences of gratitude.
5. Kuo, C.-C., Ye, Y.-C., Chen, M.-Y., & Chen, L. H. (in press). Proactive personality enhances change in employees' job satisfaction: The moderating role of psychological safety. *Australian Journal of Management*.

6. Ni, Y.-L., Chang, J.-H., & Chen, L. H. (2019). Investigating the relationship between district-level socioeconomic status and individual obesity in Taiwanese adolescents: A large-scale cross-sectional analysis. *Scientific Reports*, *9*(1), 2928. doi: 10.1038/s41598-019-39167-5
7. Chang, W. H., Chang, J.-H., & Chen, L. H. (2018). Mindfulness enhances change in athletes' well-being: The mediating role of basic psychological needs fulfillment. *Mindfulness*, *9*, 815-823.
8. Chang, W. H., Wu, C.-H., Kuo, C.-C., & Chen, L.H. (2018). The role of athletic identity in the development of athlete burnout: The moderating role of psychological flexibility. *Psychology of Sport and Exercise*, *39*, 45-51.
9. Chen, L. H., Wu, C.-H., Lin, S.-H., & Ye, Y.-C. (2018). Top-down or bottom-up? The reciprocal longitudinal relationship between athletes' team satisfaction and life satisfaction. *Sport, Exercise, and Performance Psychology*, *7*(1), 1-12.
10. Kuo, C.-C., Ye, Y.-C., Chen., M.-Y., & Chen, L. H. (2018). Psychological flexibility at work and employees' proactive work behaviour: Cross-level moderating role of leader need for structure. *Applied Psychology: An International Review*, *67*(3), 454-472.
11. Chang, Y.-P., Algoe, S.B., & Chen, L. H. (2017). Affective valence signals agency within and between individuals. *Emotion*, *17*(2), 296-308.
12. Chen, L. H., & Chang, Y.-P. (2017). Sport-domain gratitude uniquely accounts for athletes' well-being across two cultures: Incremental validity above the general gratitude. *The Journal of Positive Psychology*, *12*(6), 651-659.
13. Chen, L. H., Wu, C.-H., & Chang, J.-H. (2017). Gratitude and athletes' life satisfaction: The moderating role of mindfulness. *Journal of Happiness Studies*, *18*(4), 1147-1159. doi: 10.1007/s10902-016-9764-7
14. Lin, W.-F., Li, T.-S., & Chen, L. H. (2017). Sacrifice in a supportive marriage: Social support as a moderator buffers the negative effects of sacrifice in marriage. *Journal of Happiness Studies*, *18*(2), 575-589. doi: 10.1007/s10902-016-9738-9
15. Chen, L. H., & Wu, C.-H. (2016). When does dispositional gratitude help athletes move away from experiential avoidance? The moderating role of perceived autonomy support from coaches. *Journal of Applied Sport Psychology*, *28*(3), 338-349. doi: 10.1080/10413200.2016.1162221
16. Lin, W.-F., Chen, L. H., & Li, T.-S. (2016). Are "we" good? A longitudinal study of we-talk and stress coping in dual-earner couples. *Journal of Happiness Studies*, *17*(2), 757-772. doi: 10.1007/s10902-015-9621-0
17. Lin, W.-F., Lin, Y.-C., Huang, C.-L., & Chen, L. H. (2016). We can make it better: "We" moderates the relationship between a compromising style in interpersonal conflict and well-being. *Journal of Happiness Studies*, *17*(1), 41-57. doi:

10.1007/s10902-014-9582-8

18. Chen, L. H., Kee, Y. H., & Chen, M.-Y. (2015). Why grateful adolescent athletes are more satisfied with their life: The mediating role of perceived team cohesion. *Social Indicators Research, 124*(2), 463-476. doi: 10.1007/s11205-014-0798-0
19. Chen, L. H., Kee, Y. H., Hung, Y.-H., & Lin, S.-H. (2016). Improving motor performance during initial skills acquisition through regulatory fit: An experimental study based on ball throwing task and small financial reward. *Current Psychology, 35*(3), 403-409. doi: 10.1007/s12144-015-9307-0
20. Chen, L. H., Wu, C.-H., & Chen, S. (2015). Gratitude and athlete' life satisfaction: A Intra-individual analysis on the moderation of ambivalence over emotional expression. *Social Indicators Research, 123*(1), 227-239. doi: 10.1007/s11205-014-0737-0
21. Lin, S.-H., Wu, C.-H., & Chen, L. H. (2015). Unpacking the role of self-esteem in career uncertainty: A Self-Determination perspective. *The Journal of Positive Psychology, 10*(3), 231-239. doi: 10.1080/17439760.2014.950178
22. Chen, L. H., & Chang, Y.-P. (2014). Cross-lagged associations between gratitude and adolescent athlete burnout. *Current Psychology, 33*(4), 460-478. doi: 10.1007/s12144-014-9223-8
23. Chen, L. H., & Wu, C.-H. (2014). Gratitude enhances change in athletes' self-esteem: The moderating role of trust in coach. *Journal of Applied Sport Psychology, 26*, 349-362. doi: 10.1080/10413200.2014.889255
24. Lin, S.-H., Lu, W.-C., Chen, M.-Y., & Chen, L. H. (2014). Association between proactive personality and academic self-efficacy. *Current Psychology, 33*(4), 600-609. doi: 10.1007/s12144-014-9231-8
25. Lin, S.-H., Wu, C.-H., Chen, M.-Y., & Chen, L. H. (2014). Why employees with higher challenging appraisal style are more affectively engaged at work? The role of challenging stressors: A moderated mediation model. *International Journal of Psychology, 49*(5), 390-396. doi: 10.1002/ijop.12064

五、出版著作

Chen, L. H. (2017). Gratitude and athletes' well-being. In A. Brady & B. Grenville-Cleave. (Eds.), *Positive psychology in sport and physical activity: An introduction* (pp. 129-139). Oxford: Routledge.